

**Apex Trust Nursing College & Apex Institute of
Paramedical Science, Chunar
Report on World Autism Day 2025
Awareness Session**

Theme: *Advancing Neurodiversity and the UN Sustainable Development Goals (SDGs)*

Date: 01-April-2025

Venue: Auditorium, Apex Trust Institute & Hospital, NH-35, Sama spur, Chunar, Mirzapur

Introduction

The World Autism Day 2025 Awareness Session was successfully conducted on April 1, 2025, at the Apex Trust Institute & Hospital. The event aimed to raise awareness about autism, emphasize neurodiversity, and highlight the connection between autism and the United Nations Sustainable Development Goals (SDGs).

Organizers and Dignitaries

The session was organized by the **Department of Physical Medicine and Rehabilitation, Apex Trust Hospital & Diagnostic, Apex Institute of Ayurvedic Medicine and Hospital, Apex Institute of Pharmacy, and Apex Trust Nursing College & Paramedical Sciences.**

The event was held under the patronage of **Dr. S. K. Singh**, Chairman of Apex Hospital, and co-patronage of **Dr. Swaroop Patel** and **Dr. Ankita Patel**, Directors of Apex Hospital. The key resource person for the event was **Dr. Soumyashree Samanta ray**, Consultant and Occupational Therapist at Apex Super Specialty Hospital, Varanasi.

Session Agenda and Highlights

Time	Topic	Speaker
11:00 AM	Opening Session and Theme Presentation	Ms. Pradeepika Vishwakarma, Nursing Tutor, ATNC
11:15 AM	Let's Talk About Autism	Dr. Soumyashree Samanta ray, Consultant, Occupational Therapist, Apex Hospital, Varanasi
11:40 AM	Vote of Thanks	Dr. Narendra Kr. Singh, Professor, Apex Institute of Pharmacy

Key Discussions

- **Opening Session and Theme Presentation**
Ms. Pradeepika Vishwakarma opened the session by introducing the theme and emphasizing the importance of inclusivity for individuals with autism. She highlighted how neurodiversity aligns with the SDGs and the need for better healthcare, education, and employment opportunities for autistic individuals.
- **Let's Talk About Autism**
Dr. Soumyashree Samanta ray delivered an insightful talk on autism, explaining its characteristics, challenges, and the significance of early diagnosis and intervention. She also discussed therapeutic approaches and the role of occupational therapy in improving the quality of life for autistic individuals.
- **Vote of Thanks**
Dr. Narendra Kr. Singh concluded the session by appreciating the efforts of the organizers, speakers, and participants. He reiterated the importance of continued advocacy and awareness efforts to support individuals with autism.



WORLD AUTISM DAY 2025 AWARENESS SESSION

THEME : "Advancing Neurodiversity and the UN Sustainable Development Goals (SDGs)"

Date : 01 April, 2025 (11:00 am to 11:40 am)

Venue : Auditorium, Apex Trust Institute & Hospital
NH-35, Samaspur, Chunar, Mirzapur

Organised by

Department of Physical Medicine and Rehabilitation
Apex Trust Hospital & Diagnostic
Apex Institute of Ayurvedic Medicine and Hospital
Apex Institute of Pharmacy
Apex Trust Nursing College & Paramedical Sciences

Patron : **Dr. S. K. Singh**, Chairman, Apex Hospital

Co-Patrons : **Dr. Swaroop Patel** & **Dr. Ankita Patel**, Directors, Apex Hospital

Resource Persons

Dr. Soumyashree Samantaray

Consultant, Occupational Therapist, Apex Super Speciality Hospital, Varanasi

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Prof. Dr. Sunil Mistry
Dean, AIMS & Principal, AIP

Prof. Dr. P. K. Singh
Principal, AIAMH

Prof. Dr. Gopi SS
Principal, ATNC & AIPS

Prof. Dr. Yashwant Chauhan
Academic Head, AIAMH



